



# ASSESSING ASSISTED LIVING: AN ESSENTIAL GUIDE TO INSIGHTFUL INQUIRIES

The decision to transition a loved one to an assisted living residence is an important one. To alleviate any concerns, we've curated essential inquiries to make during your community tour:

## **MEET THE LEADERSHIP TEAM**

How can residents and families directly communicate with management?

## **RESIDENTIAL ACCOMMODATIONS**

What apartment types and sizes are available?

Are residences unfurnished to allow personal furnishings?

## **CULINARY EXPERIENCE**

Inquire about the culinary program's philosophy and from-scratch preparations.

Request to review sample menus and dine during your visit.

## **HEALTHCARE SERVICES**

Are nurses available around the clock for residents?

Do they accommodate visiting physicians or specialists?

## **STAFFING STANDARDS**

What training and qualifications are required for staff hires?

How is ongoing education and development facilitated?

## **SAFETY AND ACCESSIBILITY**

Assess call systems for promptly alerting staff if assistance is needed.

Inquire about transportation services for appointments and outings.

## **CONTINUUM OF CARE**

Understand available accommodations if a resident's needs evolve over time.

Determine if aging in place within the community is possible.

## **LIFE ENRICHMENT**

Review the community's schedule of purposeful, dignified programming.

Ask about resident outings to cultural venues, dining, and entertainment.

## **RESIDENT & FAMILY EXPERIENCE**

Request to connect with current residents and families for firsthand insights.

A thorough understanding of a community's offerings and philosophies will ensure an informed decision aligning with your loved one's needs and preferences.



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